



503-625-6177 www.pridedisposal.com info@pridedisposal.com

Issue 116
September—October 2025

Calendars available online:

www.pridedisposal.com

Click on the Schedules button on the homepage. Other features include:

- Weather related updates
- · Up-to-date recycling info
- Holiday collection information
- Blog

Online Bill Pay

Pay your bill online using a debit/credit card and/or sign up for paperless billing.

It is easy & free to use. Look for your unique ID number to register (printed on your invoice).

Connect with Pride Disposal via social media

We have holiday collection reminders, recycling tips, event updates, bad weather collection information, and other fun and helpful customer information. Please connect with us on these sites!



Twitter Username: PrideDisposal



www.facebook.com/ PrideDisposal



Instagram Username: PrideDisposal

Reduce, Reuse, Recycle!

Reducing and reusing are more impactful than recycling. On average the American consumer generates around 5 pounds of trash each day, that adds up to nearly 1,800 pounds per person a year!

How can you help reduce the waste you produce? Everyday habits can include saying no to single-use items; swap out single use cups for reusable drink cups. Bring your own grocery bags to the store instead of using single-use bags. Swap out one-time plastic zip-sealed bags for food storage with reusable glass or BPA-free plastic containers. Not only does investing in reusable containers help reduce waste, it also saves money! Opting for durable products, investing in items that last longer instead of disposable alternatives also can save money.





Help to reduce your food waste by planning your meals and using a shopping list to avoid overbuying. Another tip is to store your food properly to help it last longer and if you do end up with food waste, compost your food scraps.

At home, you can make a difference by recycling right! Putting the correct items in your curbside recycling cart and keeping other things out saves energy and water, reduces pollution, and creates jobs. Try repairing items before replacing them by fixing clothing, electronics, or household furniture before tossing them. Or donate items that you no longer need that still have life left in them.



Learn how to recycle right: http://pridedisposal.com/residents/recycling

Include the Food!

Customer in all jurisdictions that Pride Services (where yard debris service is available) can include food scraps with your yard debris. Yard debris includes all material grown in your yard and now also includes food scraps. Please ensure only the correct materials are included in your yard debris cart. Do not include any inorganic material or plastic bags - even if labeled "compostable" or "biodegradable."

Include the Food with Yard Debris



Roll cart tips

- Keep lid closed
- Store the cart in the shade during warm weather
- Line bottom of cart with newspaper or a paper bag to help absorb moisture
- Layer food scraps in between the yard debris
- Sprinkle baking soda in the roll cart to reduce odors and deter insects
- Use soap and water to clean the roll cart after it's emptied

Nearly 30 percent of residential garbage produced in our region is organic material that can be composted.

Composted food scraps creates a nutrient-rich soil enhancement and prevents carbon emissions that occur when food breaks down in the landfill.

What CAN be included:

MeatTable scrapsPoultryPlate scrapingsFish and shellfishSpoiled foodBonesCoffee groundsEggs and eggshellsCoffee filtersCheese and dairy productsTea bags

Breads and baked goods Food-soiled napkins
Pasta Grass clippings

Rice and other grains Leaves
Beans, nuts and seeds Plants

Vegetables Pruned branches

Fruits Weeds



- Cat litter/Pet waste
- Coffee cups
- "Compostable" or "biodegradable" bags that are not BPI-certified
- "Compostable" or "biodegradable" takeout containers and utensils
- Corks
- Diapers
- Facial tissue
- Fast-food wrappers
- Glass
- · Large amounts of grease or oil
- Liquids
- Metal
- Packaging
- Paper plates, cups and cartons
- Plastic bags
- Sturofoam
- Wax paper

For more information visit: https://pridedisposal.com/residents/yard-debris