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Issue 86  
September—October 2020

**Calendars available online:**

[www.pridedisposal.com](http://www.pridedisposal.com)

Click on the Schedules button on the homepage. Other features include:

- Weather related updates
- Up-to-date recycling info
- Holiday collection information
- Blog

**Online Bill Pay**

Pay your bill online using a debit/credit card and/or sign up for paperless billing.

It is easy & free to use. Look for your unique ID number to register (printed on your invoice).

**Connect with Pride Disposal via social media**

We have holiday collection reminders, recycling tips, event updates, bad weather collection information, and other fun and helpful customer information. Please connect with us on these sites!



**Twitter Username:**  
PrideDisposal



[www.facebook.com/PrideDisposal](http://www.facebook.com/PrideDisposal)



**Instagram Username:**  
PrideDisposal

**Common Recycling Contaminants (do NOT include)**

- Plastic bags, other film plastics (shrink-wrap, bubble wrap)
- Styrofoam\*
- Clamshell plastics (berry containers), to-go containers
- Packing peanuts
- Toilet paper, paper towels, paper plates, napkins, or tissues
- Plastic plates, utensils, cups
- Pet food bags or fertilizer bags
- Garbage

**These are some of the more common contaminants that we see regularly but this list is not inclusive of all things that are not allowed.**

\*We accept styrofoam at our Recycle Depot for a fee of \$5/car load.

**Common Yard Debris Contaminants (do NOT include)**

- Plastic bags of any kind (even if labeled "compostable" or "biodegradable")
- "Compostable" to-go containers
- Dirt, sod, rocks, concrete
- Processed wood, lumber, tree stumps
- Animal waste
- Branches longer than 36"
- Garbage
- Food waste\*

**These are some of the more common contaminants that we see regularly but this list is not inclusive of all things that are not allowed.**

**\*City of Beaverton and City of Hillsboro customers:**

Beaverton and Hillsboro have a yard debris and food compost program, which means you may include food waste and other additional items in your cart. If you live in either of those cities, visit these links for more details:

City of Beaverton: [www.beavertonoregon.gov/1945/Compost-at-Home](http://www.beavertonoregon.gov/1945/Compost-at-Home)

City of Hillsboro: [www.hillsboro-oregon.gov/home/showdocument?id=25342](http://www.hillsboro-oregon.gov/home/showdocument?id=25342)

If you have a "Beaverton" or "Hillsboro" address but are in Unincorporated Washington County, you cannot include food. Contact us if you're not sure of the rules for your service area.

## Just because it's not recyclable curbside, doesn't mean it's bad!

We have been taught to think that recycling is good and garbage is bad. But it's not that simple! There are some items that are not recyclable and they should be put in the garbage, and that's ok because of the overall benefits of the products throughout their life cycle. These benefits are studied through Life Cycle Analysis (LCA). Flex packaging is one of these items; they have several environmental and food safety benefits. This packaging is designed to keep bacteria out, which helps keep your food fresher longer, which means less food waste. It is also light weight and flat when empty, which reduces transportation and the overall environmental impact.

Amazon's plastic mailers are another beneficial product. "While they may not be

recyclable, they still have many great benefits. A number of waste experts have indicated that Amazon's goal to reduce bulkier cardboard is the right move. Plastic mailers have some positives for the environment. They take up less space in containers and trucks than boxes, making shipping more efficient. Fewer greenhouse gases are emitted — and less petroleum consumed — by the production, use and disposal of plastic film, compared with recycled cardboard", said David Allaway, senior policy analyst for the Oregon Department of Environmental Quality's Materials Management Program.



# DOCUMENT DESTRUCTION

Shred old documents and paperwork securely.

Pride Document Shredding offers shredding services at your home or business, with one time, occasional, or regular shredding. Secure drop off is also available at the Pride Depot in Sherwood. Whether at your home or place of business, disposing of intact confidential information is a risk. Contact us to have it shredded and protect yourself and/or your customers from this risk.

**Pre-paid shred bags for \$5.** Purchase a paper bag (grocery bag size) for \$5 from the Pride office. Take the bag home, fill it with paper to be shredded, and bring it back to the recycling depot to be shredded when it is convenient for you. If you have more than one grocery bag size to shred, we also offer a red bin or 60-gallon tote size for shredding on-site.

Please call Pride Document Shredding at 503-625-0725 for pricing and other information on services available. You can also visit our website: [www.prides shred.com](http://www.prides shred.com).

